

UK Team - Our Journey...

PROJECT LEGACY—Our Vision— we will continue supporting the local foodbank—training younger students to take over the project as we start our GCSE's

Learning Points—We learnt a lot of new skills and knowledge:

- ⇒ We have learned to be more confident as we have had to do some public speaking as part of this project
- ⇒ We have learnt to compromise.
- ⇒ We have learnt to manage large project - realising that small groups work better
- ⇒ Communication, listening, teamwork, cooperation and persistence.

In the Beginning.....

What's is Innovation—

We investigated the meaning of Innovation—thinking of new ideas to tackle problems, working independently, using our initiative to challenge what we already know.....

We also designed iCAP logos to submit for the project vote! This was one of our entries.....



ICAP Adventures

As part of the icap project we have visited Gloucester, Spain, Slovenia and Greece. Many of us have travelled on trains, planes and automobiles to get to our destinations.

We have enjoyed travelling and meeting new people, students and teachers from other countries. Trying new food and also seeing new places and experiencing different cultures.....

In Greece we loved also the nice Weather!!!!



Picking our project—

Researched—used the Internet, talked to people around us, created questionnaires to find out what people considered to be issues for teenagers in our local community—

Main issues—

- ⇒ Underage drinking/drugs
- ⇒ Teenage Pregnancy
- ⇒ Teenage Obesity
- ⇒ Bullying
- ⇒ Physical Attacks

As a group—we finalised our two main issues to try and identify an innovative approach down to underage drinking/drugs and pregnancy

Foodbank Collection—What we did—

- ⇒ Contacted the Foodbank for a list of products that were needed
- ⇒ Researched History of foodbanks and their use in our community
- ⇒ Created a Powerpoint to promote the school foodbank collection
- ⇒ Organised an advert in our school bulletin to remind teachers and students of our aim—updated the advert to ask for vital products
- ⇒ Organised teams to collect products from form groups
- ⇒ Once collected—separated foods into groups, recorded our collected items, checked use by dates and labelled products clearly to help the foodbank to sort when we delivered
- ⇒ Contacted our site team to transport the food in our school mini bus



Oops we need to do it again!

After further investigation we started to worry we had taken on too big a project, issues that would not be easy to change and make a difference.

We had another vote and then looked at focussing our project on Teenage Obesity as we felt we could come up with ideas to help raise awareness.

We then identified the areas we could focus on. We wanted to promote:

- ⇒ Healthy Eating
- ⇒ Getting Active

OUR FOREVER PROJECT—Poverty and Healthy Eating—Proposal

On reflection—we made the between Poverty and Healthy Eating, we felt that it cost a lot to have a healthy diet and then looked and made the connection that there were high levels of poverty in our Community and to support our local food by:

- ⇒ Organising school collections
- ⇒ Creating Healthy Recipe Cards—using the products that were regular foodbank donations -

Our aim was to raise awareness of the foodbank and help people to provide healthy food that was nutritious and healthy when money is short. Help stop wasted food and keep families healthy.

